TEACH Presents:
Creating an Optimal At-Home Learning Environment

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Today we'll discuss...

Your role as a parent/caregiver during distance learning

Tips for creating an optimal learning environment

Positive behavioral supports to keep your student on track

Troubleshooting

Your Role as a Parent/Caregiver

YES

- Home-school communication
- Set-up learning environment
- Support with technology (getting set-up and navigating)
- Foster independence
- Providing prompts/scaffolding when necessary
- Support breaks/transitions

NO

- Provide answers
- Provide direct instruction*

Optimal Learning Environment

Readiness

Materials

Time Management

Readiness

MORNING ROUTINE

TECHNOLOGY SET UP

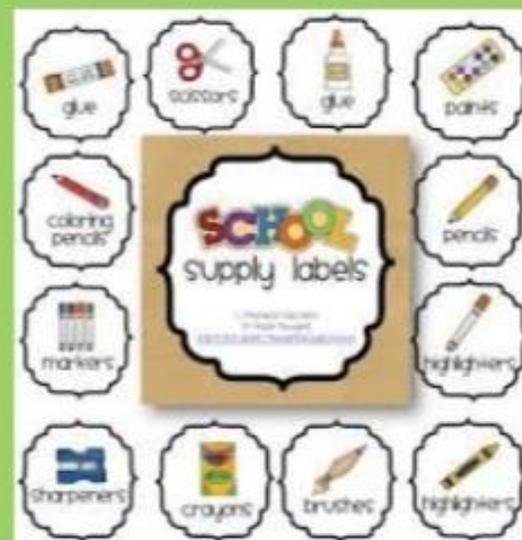**SPACE IS FREE OF CLUTTER**

MATERIALS / SCHOOL SUPPLIES READY

Materials

Support communication

Support routine / schedule

Support behavior

Support time management

Foster independence

SCHOOL supply labels

glue   scissors   glue   paints
coloring pencils   pencils
markers   highlighters
sharpeners   crayons   brushes   highlighters

ORGANIZINGMOMS.COM

Communication Supports

Understand how your child communicates

Provide tools to help child participate in class (e.g. AAC)

Dscba.org has a low-tech library with great communication tools!

Help your child's teacher understand best communication strategies and practices (e.g 10-second rule)

Time Management Supports

- Visual Schedule
- First/Then board
- Visual timers - there's an app for that :)
- Goal is to foster independence!

Work Schedule

Work Done

Reward

write in your own time!

type here

WRITTEN

Sally's Morning Schedule

☐ Breakfast

☐ Yoga

☐ Math at table

☐ Playtime

☐ Lunch

Daily Schedule

8:00	Journal
8:30	Math
9:20	Recess
9:45	Language Arts
11:00	Lunch
11:30	Computer
12:30	Recess
12:45	Centers
2:05	Dismissal

8:00	Welcome
8:15	Guided Reading
9:00	Morning Work Words
9:30	Morning Break
9:45	Math
10:45	Writing
11:30	Lunch
12:15	Science
1:00	Art
1:30	Self Guided Reading
2:00	Centers
2:30	Music
3:00	
7:00	

Schedule

Name	Arrangement	Time

Positive Behavior Supports

Provide clear expectations

Proactive, postive praise and reinforcement (catch them on task)

Visual supports to help child plan next steps and take charge of actions

Opportunity to request breaks

Access to sensory supports, if needed

Remember…

This is new and everyone is struggling to make it work, including you, your child, and his/her education team

Choose your battles – offer choices flexible learning options when you can and limit screen time/class time if it is not benefitting your child

When in doubt, ask for help! Utilize your education team and other resources, like DSCBA and your local SELPA